



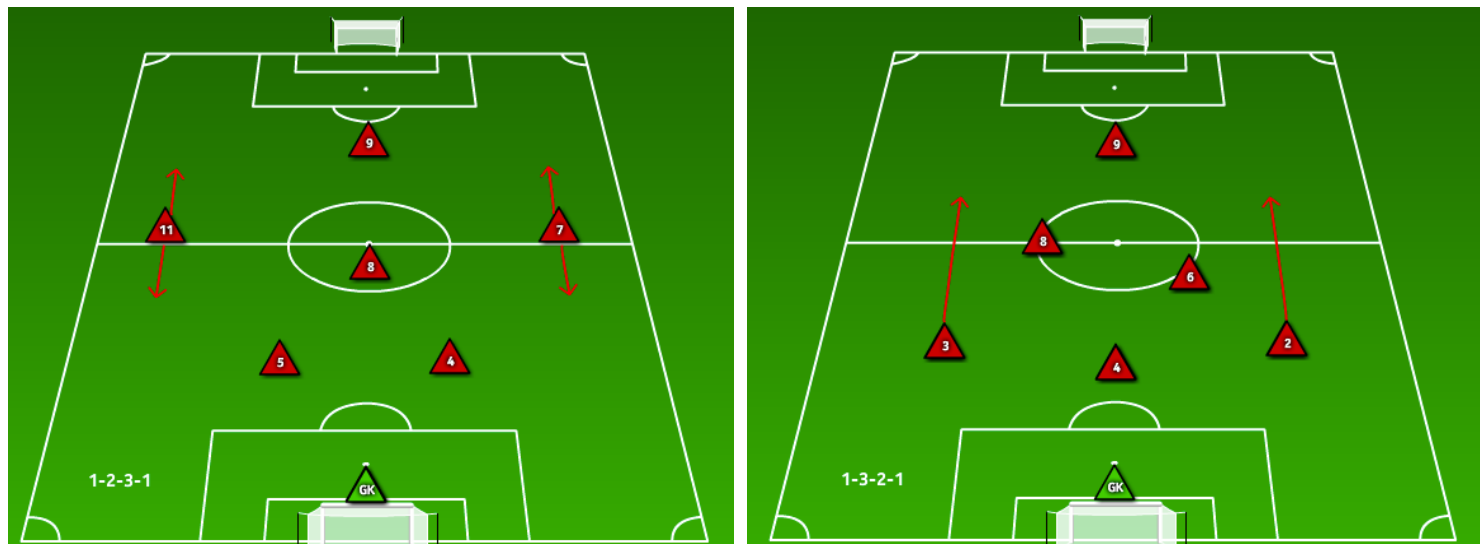
U9/10- Development of Skill and Small Group Tactics



Coach:	<ul style="list-style-type: none">• Coach must be enthusiastic and passionate• Must have ability to demonstrate• Must be keen and sensitive as well as enjoy children• The coach must seek soccer education• Must respect the game and all who are involved with it• Focus on development rather than the result• Know more soccer rules
Technique:	<ul style="list-style-type: none">• Continued development on individual technique• Ball juggling• All players must have a ball• Control and receiving as well as passing skills should be heavily emphasised• Continued work on shooting• Activities must include lots of repetitions• 75% of practice should be on technique• Encourage mastery of the ball• Left and right foot with everything• Start to teach GK skills
Tactics:	<ul style="list-style-type: none">• Build on small group activities like 2v1, 2v2, 2v3, 3v3 both offensively and defensively• Teach some positional responsibilities but don't spend a lot of time on it• Continue to rotate players in positions• Learn depth and cover as well as width• Teach throw-ins• Encourage flair and risk taking
Physical:	<ul style="list-style-type: none">• Introduce stretching and cool downs• They need full rest periods and plenty of water breaks• Players are becoming stronger and faster• Prone to over heating and heat related injury• Players gaining better control over their bodies
Mental:	<ul style="list-style-type: none">• Recognizes basic concepts of time and space but not always certain why• Their focus is on 'me' and the 'team'• Still in need of positive reinforcement• Want to belong to a group• Enjoy friends• Adults outside of family are accepted• They will blame others• They are more sensitive and serious about playing• Feelings get hurt easily



Team Organization U9 and U10- 7v7



- 7v7 formations promote a good distribution of the players on the field and provide a versatile framework to introduce simple tactical elements at an early age
- Formations are focused in the development of attacking elements of the game
- 1-2-3-1 formation designed to develop passing and movement of the ball
- 1-3-2-1 formation designed to promote forward runs and 1v1 situations

Please note that while the development of the individual player is the priority, an individual plays games as part of a team model.

As reference, the visuals listed show the numbers of players on a team and formations that can be utilized to promote development.

Again, these formations are consistent with, and specific to, the player development objectives at the respective age groups.